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AARP Selects the Top 10 Movies for Grownups® of 2013

List Narrows the Field of Contenders for the Movies for Grownups Awards, Winners to be Announced in January

WASHINGTON (December 19, 2013) — *Gravity*, *12 Years a Slave* and *Nebraska* are among this year's Top 10 Movies for Grownups, according to **AARP The Magazine** – whose annual **Movies for Grownups® Awards** honor outstanding writing, acting, and filmmaking with distinct relevance to the 50+ audience. The top 10 list features thoughtful films with timeless entertainment value and a particular appeal for grownup audiences. The films are selected by the editors of *AARP The Magazine*, the definitive voice for 50+ Americans and the world's largest-circulation magazine with more than 35 million readers, and they're featured in an online slideshow at www.aarp.org/movies.

"As award season nears, *AARP The Magazine* reflects on the best films of the year that resonate with a 50+ audience," said Bob Love, Editor-in-Chief of *AARP The Magazine*. "We've seen a shift this year in that some of the most successful films at the box office were stories appealing to this mature crowd. There's been a resurgence of interest in older actors in standout roles and 50+ directors behind the camera—and we are thrilled to see the change!"

Recognizing filmmakers 50+ who continue to do innovative risk-taking work, 50+ actors and actresses offering increasingly compelling performances, and big-screen explorations of topics that resonate specifically with the 50+ audience, *AARP The Magazine's* editors selected the following Top 10 Movies for Grownups in 2013:

12 Years a Slave

All Is Lost

Captain Phillips

Dallas Buyers Club

Enough Said

Gravity

Nebraska

Philomena

Saving Mr. Banks

The Butler

This year's Top 10 Movies for Grownups offers a preview of AARP's upcoming annual Movies for Grownups Awards, recognized as a bellwether for the Academy Awards, with standard categories including Best Actor, Actress and Director, in addition to a few unique offerings like "Best Grownup Love Story," "Best Buddy Picture," and "Best Time Capsule Movie." The winners in all categories will be announced in early January, and will be featured online at www.aarp.org/movies. The entire list of award winners will also be featured in the February/March issue of *AARP The Magazine*, available February 1st.

Movies for Grownups®, which now includes weekly reviews and an award-winning radio program, an annual film festival, and year-round coverage in *AARP The Magazine* and online, was started in 2002 by the editors of *AARP The Magazine*. Additional information can be found online at www.aarp.org/movies.

About AARP The Magazine

With more than 35.2 million readers, AARP The Magazine is the world's largest circulation magazine and the definitive lifestyle publication for Americans 50+. AARP The Magazine delivers comprehensive content through health and fitness features, financial guidance, consumer interest information and tips, celebrity interviews, and book and movie reviews. AARP The Magazine was founded in 1958 and is published bimonthly in print and continually online. Learn more at www.aarpmagazine.org.

About AARP

AARP is a nonprofit, nonpartisan organization, with a membership of more than 37 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

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