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## INSIDE THE SEPTEMBER ISSUE OF AARP BULLETIN

GRANDMA GETS A REBOOT; 5 STEPS TO A HAPPY RETIREMENT; CONFESSIONS OF A WHISTLEBLOWER; MAKE A SMOOTH MOVE; BOOMERS SALUTED & MORE

**The NEW Definition of Grandmas:** Actress Jane Seymour isn't exactly who you think of when you hear the word "grandmother." However, with four grandchildren, the glamorous 63-year-old is redefining the traditional role alongside other savvy members of the boomer generation. With new found vitality and grandparents living healthier and more active lifestyles, this month's issue of *AARP Bulletin* takes a closer look at what it means to be a grandparent today- providing innovative insights to connect and maintain relationships with their grandchildren through technology and social media. (Page 10)

**Retiring Happy:** Regardless of how a person may feel about approaching retirement, a happy retirement requires both mental and monetary preparation. In this issue, *AARP Bulletin* provides five steps that offer advice on what questions to ask, books to read, and ways to save as well as nasty tax surprises to avoid as you prepare for retirement. *AARP Bulletin* Financial columnist, Jane Bryant Quinn weighs in on the ultimate retirement preparation plan with tips on how to make your money last and develop a sound financial plan to get you through the next stage of your life. (Page 14)

**Moving? A Plan to Prepare & Protect with Scam Alert Tips:** The hassle of moving can be a headache in itself without the additional risk of identity theft by constantly shuffling information. Moving residences is prime time for nosy home buyers, dumpster divers, and sketchy contractors to steal data and personal information from one home to the next. In the September *AARP Bulletin*, Scam Alert columnist Sid Kirchheimer provides some tips on how to prepare and protect before, during and after a big move. (Page 24)

**A Whistleblower Goes to War with the VA to Reveal a Scandal:** A special report in the September *AARP Bulletin* sheds light on investigations into the Veterans Affairs healthcare system. A program described by Dr. Sam Foote as "sick," and "killing veterans it was supposed to heal," the former VA employee took matters into his own hands and uncovered a nationwide problem that ignited a firestorm of public outrage. (Page 26)

**The Boomer List: As Told by Those Who Lived it & Left an Impression :** With the last of the 76 million boomers turning 50 this year, AARP pays tribute to the influential generation that forever shaped American pop-culture with a book, exhibit and documentary. Airing Sept. 23 on the PBS series *American Masters*, *The Boomer List* includes commentary from 19 notable boomers in a moving documentary by renowned filmmaker and photographer Timothy Greenfield-Sanders, as well as a portrait display at the Newseum in Washington, D.C., from Sept. 26 to July 5, 2015. Read more in the September issue of *AARP Bulletin*. (Page 32)

**A Funny Thing Happened... As Told by the Legendary Mel Brooks:** One of the few entertainers that has won an Emmy, a Grammy, an Oscar and a Tony award, comedic legend Mel Brooks surely has a few sidesplitting stories to tell throughout his illustrious career. In the new September issue of *AARP Bulletin*, Brooks reveals what really happened during a memorable scene of *Young Frankenstein* and an incident at an English restaurant while filming *The Elephant Man*. (Page 42)

**In Conversation with Ken Burns:** Filmmaker Ken Burns opens up to *AARP Bulletin* about his new documentary, *The Roosevelts*, that tells the story of the family's fears, personal struggles and sense of duty. Theodore, Franklin and Eleanor Roosevelt are three of the most consequential people in all of American history. People rarely explore their connection to each other. Burns discusses his inspiration for the upcoming documentary set to premiere on PBS on September 14. (Page 8)

For exclusive online features and original daily content, visit the *AARP Bulletin* ([www.aarp.org/bulletin](http://www.aarp.org/bulletin)) website, the only daily, go-to news source for people 50+. Features include exclusive online columns such as *Ask Ms. Medicare*, *Financially Speaking*, *Scam Alert*, *Save a Buck* and more.

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## **About AARP Bulletin**

The definitive news source for AARP's members, *AARP Bulletin* ([www.aarp.org/bulletin](http://www.aarp.org/bulletin)) reaches more than 23.5 million households each month in print, with additional news and in-depth coverage online. Covering health and health policy, Medicare, Social Security, consumer protection, personal finance, and AARP state and national news developments, *AARP Bulletin* delivers the story behind the key issues confronting 50+ America. The monthly consumer-oriented news publication has become a must-read for congressional lawmakers and Washington opinion leaders, and it provides AARP members with pertinent information they need to know.

## **About AARP**

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; [www.aarp.org](http://www.aarp.org); AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at [www.aarp.org](http://www.aarp.org).

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