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Rock Stars Sheryl Crow and Melissa Etheridge on Beating Breast Cancer and Surviving Heartbreak - And More!

Inside the October/November Issue of AARP The Magazine and Online with Web Exclusives at www.aarp.org/magazine

Beating Breast Cancer and Facing Hardships : Friends since 1988, Sheryl Crow and Melissa Etheridge have endured their share of hardships—bad breakups, depression and for Etheridge, the anxiety around coming out sexually. But they fought their toughest battle when, within two years of each other, Crow and Etheridge each received a breast cancer diagnosis. Now healthy and happy, the two survivors sat down with *AARP The Magazine* to discuss how they've each found a renewed sense of self. (Page 50)

Identity Theft: Don't Let Someone Steal Your Life: Every year, more than 16 million people in the U.S. fall victim to identity theft, a life-changing event that not only affects their bank accounts, but their mental health, too. In its October/November issue, *AARP The Magazine* sits down with a former identity thief and her victim and gets an exclusive behind-the-scenes look at one of the boldest cons in the game. The magazine also offers detailed tips on how to avoid becoming a victim. Check out the AARP Fraud Watch Network scam-tracking map at www.aarp.org/fraudwatchmap for the latest on scams in each state. (Page 62)

The Boomer List: 19 Iconic Boomers Bring A Generation To Life: Timothy Greenfield-Sanders, filmmaker-photographer of *The Black List*, *The Latino List*, and *The Out List*, gets into the hearts and minds of some of the Boomer generation's most prominent personalities in a new PBS documentary, book, and exhibit. Boomers featured in *American Masters: The Boomer List* include Samuel L. Jackson, Kim Cattrall, Billy Joel, John Leguizamo, Rosie O'Donnell, and Deepak Chopra. But the October/November issue of *AARP The Magazine* showcases all 19 of Greenfield-Sanders' dramatic photographs and gets insights from the filmmaker himself about what inspired the documentary. (Page 54)

Should You Have Surgery Abroad—And Is It Safe?: Roughly one million Americans are expected to go abroad for medical procedures this year. With this trend on the rise, *AARP The Magazine* takes a look at what you need to know before going under the knife in a foreign country - including a country-by-country cost analysis of the most popular procedures, and tips on how to choose a hospital, plan for recovery and assess the potential risks. The magazine also unearths a little known trend—companies increasingly picking up the tab for their employees' surgeries abroad. (Page 26)

New Medical Technologies That Could Save Lives: Heart disease, cancer, auditory impairment, gastrointestinal diseases and renal failure plague millions of Americans each day. This issue of *AARP The Magazine* looks at five new medical breakthroughs that could offer life-changing solutions for people suffering from these health problems. (Page 20)

Preventing Superbugs - Are You At Risk?: Each year, more than 2 million Americans become infected with antibiotic-resistant superbugs; nasty germs that lurk in the home, workplace, vacation destinations and recreational facilities. Know your risk and ways to prevent some of the scariest viruses, such as the Ebola virus and Norovirus, which have dominated the news cycle. (Page 35)

Become a Superhero Retiree: More and more 50+ workers are reimagining themselves in the nonprofit world. This issue of *AARP The Magazine* profiles four retirees who utilized their empathy, energy, passion and persistence to lead non-profit organizations as a second career. (Page 43)

Lifestyle Changes That Kick Diabetes to the Curb : With more than 29 million Americans suffering from diabetes and an additional 86 million at high-risk for developing the disease, *AARP The Magazine* talks with leading diabetes researcher, George King, M.D. about lifestyle changes that can prevent—and in some cases, even reverse—diabetes. (Page 24)

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About AARP The Magazine

With more than 35.2 million readers, AARP The Magazine is the world's largest circulation magazine and the definitive lifestyle publication for Americans 50+. AARP The Magazine delivers comprehensive content through health and fitness features, financial guidance, consumer interest information and tips, celebrity interviews, and

book and movie reviews. AARP The Magazine was founded in 1958 and is published bimonthly in print and continually online. Learn more at www.aarpmagazine.org.

About AARP

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

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