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## Inside the June Issue of AARP Bulletin

99 Ways To Save; Nursing Homes Tackle the Issues of Sex and Intimacy; Scams Targeting the Deceased; The True Value of Seasoned Experience; Practical Brain Health Solutions; Jimmy Carter Speaks Out & More

**99 Ways to Save:** In this issue of *AARP Bulletin*, 20 experts walk us through a total of 99 great ways to save this year across seven categories—money, personal technology, style, home, entertainment, health, and work. From tips on when to buy luggage to ideas on what to do with overripe fruit, these tips offer something for everyone looking to save thousands of dollars before the year's end. (Page 19)

**Sex in Nursing Homes Pose Ethical Dilemmas:** According to a recent survey by AMDA – the Society for Post-Acute and Long-Term Care Medicine, only about a quarter of nursing home facilities have policies on intimacy and sexual behavior for their residents. This issue of *AARP Bulletin* discusses steps some facilities are taking to preserve the safety, dignity and rights of aging residents. (Page 10)

**Good News About Brain Health Solutions:** Mental decline is not inevitable with age, according to a recent report by the National Academy of Sciences' Institute of Medicine. *AARP Bulletin* examines the report and provides tips on activities that can benefit brain health. (Page 16)

**New Medicare Scams Challenge Federal Investigators :** The June issue of *AARP Bulletin*, documents recent developments in the war to stop the \$60 billion in annual Medicare fraud. Law enforcement experts outline the latest ploys and describe how they are spreading across the country. (Page 6)

**Jimmy Carter Speaks Out:** The 39<sup>th</sup> president, who turned 90 in October, reflects on the present-day role of money in politics, race relations in the United States, his feelings on not being asked to speak at the 2008 Democratic National Convention, and his marriage of 69 years in this issue of *AARP Bulletin*. (Page 4)

**The True Value of Older American Workers:** With millions of people reaching traditional retirement age and discovering that they're not yet ready to move on from the workforce, AARP CEO Jo Ann Jenkins discusses the value of retaining and hiring older workers. Jenkins issues a call to action to employers who have been slow to realize that 50-plus workers' experience can ultimately add more value than stereotypes would have them believe. (Page 34)

**Scam Alert: Protecting the Identities of the Deceased:** Using the identities of deceased people, scammers have netted over \$70 million in refunds from 19,000 federal tax returns for 2011 alone. Scam Alert columnist Sid Kirchheimer discusses how scammers find and steal the identities of the dead, and ways to prevent identity theft when a loved one dies. (Page 28)

**Building Your Own Financial Plan:** In this issue of *AARP Bulletin*, AARP financial columnist Jane Bryant Quinn shares her tips on the best way to start planning your personal finances. Providing resources and tools to help Americans learn the basics, Jane walks through the first few steps of the process whether single, married, or widowed. (Page 30)

For exclusive online features and original daily content, visit the *AARP Bulletin* ([www.aarp.org/bulletin](http://www.aarp.org/bulletin)) website, the only daily, go-to news source for people 50-plus. Features include exclusive online columns such as *Ask Ms. Medicare*, *Financially Speaking*, *Scam Alert*, *Save a Buck* and more.

To schedule interviews with an editor from *AARP Bulletin* or to receive a complimentary issue, please contact Carla Clunis at 646-633-4971 or [carla.clunis@coburnww.com](mailto:carla.clunis@coburnww.com) or Paola Torres at 202-434-2555 or [optorres@aarp.org](mailto:optorres@aarp.org).

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**About AARP** AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain

discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; [www.aarp.org](http://www.aarp.org); AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at [www.aarp.org](http://www.aarp.org).

**CONTACTS:**

Carla Clunis, Coburn Communication, 646.633.4971, [carla.clunis@coburnww.com](mailto:carla.clunis@coburnww.com)

Paola Torres, AARP, 202.434.2555, [ptorres@aarp.org](mailto:ptorres@aarp.org)

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