

- PRESS
- Press Releases

Inside the December/January Issue of AARP The Magazine:

Celebrity Cover Interview: Diane Keaton On the Men She Has Loved – And Those Who Got Away
 Fire In The Sky: A Generation That Will Never Forget The Challenger Disaster
 Personal Finance: The 7 Deadly Sins of Personal Finance Tech: The Ultimate Guide to Consumer Tech, Gadgets and Apps for the @ 50+ What I Know Now: Actress Blythe Danner Wants to Work Till the Very End
 Health: For a Fabulous 2016, One Tip: Take It Slow Food and Drink: I'll Drink to That! Ring in the Holiday Season – Without the Hangover

WASHINGTON, DC— In the December/January 2016 issue of *AARP The Magazine*, readers at home and online will enjoy an **exclusive celebrity cover interview with actress Diane Keaton**, star of the upcoming holiday movie *Love the Coopers*. Keaton provides her insights on her career, raising kids at 69 years old, the movie stars she's loved (and been loved by!), her lifelong quest for happiness and her search for 'home' – in house after house after house.

Entertainment: Blythe Danner, who finally got a leading lady role—at 72, provides her frank thoughts on feeling the presence of her beloved husband, her grandkids, dating, and what it was like for her to begin her career in front of the camera.

In the News: Thirty years ago, the space shuttle “Challenger” exploded 73 seconds into flight with millions of Americans watching on TV. *AARP The Magazine* recalls that historical moment, frozen in time for a generation that will never forget.

Personal Finance: *AARP The Magazine* highlights the 7 deadly sins of personal finance to help protect your investments and provide for a secure and happy retirement.

Tech: Heading into the holiday season and making those resolutions for the New Year might include upgrading to some of the hottest gadgets for people over 50. *AARP The Magazine* offers ‘The Ultimate Guide to Tech @ 50+’ with 32 gadgets and apps that make life easier, cheaper, safer and more fun.

Health: With technology speeding up the way we live our lives, *AARP The Magazine* provides 11 ways that taking life slower can make for a healthier 2016.

Food and Drink: The December issue of *AARP The Magazine* offers a handy guide to grownup holiday drinking. Readers can celebrate the holidays and ring in the New Year by following a few tips to reduce or avoid that hangover, added calories, and morning after ‘blahs.’

About AARP The Magazine

With more than 35.2 million readers, AARP The Magazine is the world's largest circulation magazine and the definitive lifestyle publication for Americans 50+. AARP The Magazine delivers comprehensive content through health and fitness features, financial guidance, consumer interest information and tips, celebrity interviews, and book and movie reviews. AARP The Magazine was founded in 1958 and is published bimonthly in print and continually online. Learn more at <http://www.aarp.org/magazine/>. Twitter: <http://twitter.com/AARP>

About AARP

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides

security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

CONTACTS:

Matthew Lawrence, Rogers & Cowan, 310-854-8168, mlawrence@rogersandcowan.com

Paola Torres, AARP, 202-434-2560, media@aarp.org, @AARPMedia

A peek inside the December/January Issue of *AARP the Magazine*, with web exclusives, can be found at www.aarp.org/magazine/.

Additional assets available online: **Photos (1)**