

- PRESS
- Press Releases

Downsizing the Family Home

WASHINGTON, D.C.— It's a rite of passage almost no one will escape: the difficult, emotional journey of downsizing you or your aging parents' home. Here, nationally syndicated home columnist Marni Jameson sensitively guides readers through the process, from opening that first closet, to sorting through a lifetime's worth of possessions, to selling the homestead itself.

Using her own personal journey as a basis, she helps you figure out a strategy and create a mindset to accomplish the task quickly, respectfully, rewardingly—and, in the best of situations, even memorably. Throughout, she combines her been-there experience with insights from national experts—antiques appraisers, garage-sale gurus, professional organizers, and psychologists—to offer practical wisdom and heartwarming advice so you know with certainty what to keep, toss or sell.

About the Author:

Marni Jameson is America's most-loved home and lifestyle columnist. Her humorous and helpful column appears in 25 papers nationwide, reaching seven million readers each week, including loyal followers who have been following her home adventures for a decade. Jameson has written two critically acclaimed books: *The House Always Wins: Create the Home You Love Without Busting Your Budget* and *House of Havoc: How to Make and Keep a Beautiful Home . . .* (both Da Capo Press). A top-tier journalist, Jameson has written for many national women's magazines, including *Woman's Day* and *Family Circle*, and major metropolitan newspapers. A frequent guest on local and national TV and radio, she has appeared on many programs, including *NBC Nightly News with Brian Williams*, *Martha Stewart Living*, and *Fox and Friends*.

She lives in Orlando, FL and is available for interview.

Downsizing the Family Home

By Marni Jameson

Sterling

ISBN: 978-1-4549-1633-8

Paperback • 5 1/2 x 8 1/4 • \$16.95 (\$19.95 Can)

Publication date: January 5, 2016

#

About AARP AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

CONTACT:

AARP Media Relations, 202-434-2560, media@aarp.org, @AARPMedia

Additional assets available online: **Photos (1)**