

• Press Releases

## Inside the October/November Issue of AARP The Magazine: TV Icon Ted Danson Opens Up about Love, Success, and Finding Balance in Life

PLUS:

Health: Medical Breakthroughs Strike Back at Cancer, Diabetes, Pain and Hearing Loss!

Entertainment: Laurence Fishburne Loosens Up and Reveals His Wry Side

Tribute: AARP launches exclusive Dinner with Don Rickles Video Series

Travel: America's Heartland Cities Becoming New Getaway Hot Spots

Lifestyle: Exclusive Photos by Famed Photographer Harry Benson That Define Our Time

Book Excerpt: What astronaut Scott Kelly Discovered During His Year in Space

Money: Fast, Easy Tasks That Can Boost Your Wealth on Your Lunch Hour

Fraud Alert: 12 Impostors Who Might Be Calling You Today

A peek inside the October/November Issue of AARP the Magazine, with web exclusives, can be found at www.aarp.org/magazine

**WASHINGTON, DC**—On the verge of turning 70, **Ted Danson** is experiencing one of the happiest and most productive periods in his life. But getting there wasn't easy. In the October/November issue of *AARP The Magazine (ATM),* the Emmy-award winner and beloved television icon—who many remember as the shallow, philandering bartender Sam Malone on the hit TV show Cheers—shares why his personal life was approaching rock bottom when he closed the "bar" in 1993. And he reveals his secrets to making the second half of his life the richest part by finding balance, fighting fear, immersing himself in love and family, and discovering how to thrive with young, brilliant coworkers.

Also in the October/November *ATM*: The most important, astounding and high-impact MEDICAL BREAKTHROUGHS of the past year! AARP's exclusive roundup includes pioneering drugs that remedy onceintractable diseases; clever products that make everyday living easier for people with injury or illness; and innovative technologies that provide relief at a touch of a button. *ATM* gives a rare glimpse into the new ways medical researchers are creating fresh possibilities for you and your family.

The new issue of *ATM* also includes fascinating articles about entertainment, travel, money and AARP's latest Fraud Alert.

### Entertainment

Legendary comedian Don Rickles passed away in April of this year, but as a parting gift the entertainer left us with *Dinner with Don,* an AARP Studios original digital series. The 13 episodes feature a Who's Who celebrity guest list that includes Jimmy Kimmel, Snoop Dogg, Amy Poehler, Zach Galifianakis, Paul Rudd, Sarah Silverman, Billy Crystal, Rich Eisen, Vince Vaughn, Marisa Tomei, Jonathan Silverman, Judd Apatow, Robert De Niro and Martin Scorsese. Each guest came to break bread with this beloved comedian, as he shared his life's stories and pulled back the curtain on the golden age of Hollywood. To watch the series, visit DinnerWithDon.com

After a career full of serious roles, actor Laurence Fishburne is lightening up and showing off his funny side. In this month's *ATM*, Fishburne sits down with AARP to discuss why he loves to laugh and his comedic roles as the hit granddad on the TV sitcom *Black-ish* and his upcoming film with co-stars Steve Carell and Bryan Cranston in *Last Flag Flying* (November 3), a film about three Vietnam vets reunited for a bittersweet road trip.

#### <u>Travel</u>

The heartland is becoming America's new playground as its revitalized cities draw ever-rising numbers of vacationers and travelers. AARP puts the focus on several of America's top tourism boom towns, including Milwaukee, Louisville and Indianapolis, each of which offers visitors an exciting variety of cultural, sports and foodie enticements. Milwaukee boasts a 15-day Film Festival and Oktoberfest celebration in the Fall; Louisville is home to distilleries, culinary treats like buttermilk-fried wild Kentucky catfish and award winning BBQ; while Indianapolis is home to major sports arenas and the NCAA Hall of Champions, as well as the 250-acre White River State park.

#### <u>Lifestyle</u>

For over 50 years, renowned photographer Harry Benson has captured some of the most pivotal moments in modern American history. In the October/November *ATM*, the gifted news photographer and accomplished portraitist shares 15 exclusive photos that give us a rare glimpse into our country's past.

Scott Kelly spent most of 2015 aboard the International Space Station. In an excerpt from his new memoir, Endurance: A Year in Space, A Lifetime of Discovery, the astronaut reflects on his 340-day journey and how it changed his view of life here on Earth.

#### <u>Money</u>

Boost your wealth on your lunch hour with fast, easy tasks that can strengthen your fiscal future and bring big bucks! *ATM* offers tips ranging from splitting your paycheck, downloading coupon apps, locating lost cash and more.

#### <u>Scams</u>

Can you spot an impostor? Eighty-five percent of adults are confident they can, according to a recent AARP survey. But the majority of them flunked an "Imposter IQ" quiz that measures the ability to spot a liar. In this month's issue, *ATM* offers advice on how to protect yourself from a few of the top impostor scams now playing out across America.

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#### About AARP The Magazine

With more than 37 million readers, AARP The Magazine is the nation's largest circulation magazine – and the definitive lifestyle publication – for Americans 50 and older. AARP The Magazine delivers targeted content in three demographic versions – for readers age 50 to 59, 60 to 69 and 70-plus – including health and fitness features, financial guidance, consumer information and tips, celebrity interviews, and book and movie reviews. AARP has been publishing a magazine for members since its founding in 1958. AARP The Magazine is published bimonthly in print and continually online. Learn more at www.aarp.org/magazine/.

#### About AARP

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age. With nearly 38 million members and offices in every state, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP works to strengthen communities and advocate for what matters most to families with a focus on health security, financial stability and personal fulfillment. AARP also works for individuals in the marketplace by sparking new solutions and allowing carefully chosen, high-quality products and services to carry the AARP name. As a trusted source for news and information, AARP produces the world's largest circulation publications, AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org or follow @AARP and @AARPadvocates on social media.

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