

- [PRESS](#)
- [Press Releases](#)

Miami Dolphins, AARP Foundation Host Fifth Annual Million Meal Pack

Participants packed 1,017,504 meals for older adults in Miami-Dade, Broward and Palm Beach counties.

DAVIE, FL. -- The Miami Dolphins and AARP Foundation teamed up for the 5th Annual Million Meal Pack at the Rick Case Arena at Nova Southeastern University. Participants packed 1,017,504 meals that will be delivered by U.S. Hunger to older adults in Miami-Dade, Broward and Palm Beach counties. On hand to help pack meals were AARP Foundation President Lisa Marsh Ryerson, Miami Dolphins Vice Chair, President & CEO Tom Garfinkel, Executive Vice President of Football Operations Mike Tannenbaum, Head Coach Adam Gase, coaches, staff and both current and former players, including Larry Ball, Jake Brendal, Donald Brown, Bob Brudzinski, Jesse Davis, John Denney, Troy Drayton, Roy Foster, Trent Gamble, Oronde Gadsden, Sean Hill, Xavien Howard, Ja'Wuan James, Jim Jensen, Daniel Kilgore, Sam Madison, OJ McDuffie, Raekwon McMillan, Cameron Malveaux, Ed Perry, Ken Poole, Steve Potter, Twan Russell, Bryant Salter, Rashawn Scott, Eric Smith, Maurice Smith, Pat Surtain, Laremy Tunsil, Jed Weaver, Shawn Wooden, Sam Young.

"The Miami Dolphins are dedicated to being off field champions in the community, but today the community is the true champion," Miami Dolphins Foundation Executive Director Jennifer Jehn said. "Today we packed one million meals that will stay right here in South Florida, and through our thriving partnership with AARP Foundation – more than five million nutritious meals over five years have supported those in need. This is a testament to our players, alumni, coaches, fans and South Florida – coming together for a unified mission to end hunger."

"The importance of this event can't be overstated," AARP Foundation President Lisa Marsh Ryerson said. "More than 700,000 seniors in Florida struggle to get enough nutritious food on a daily basis. Working with the Miami Dolphins, and with the help of outstanding local volunteers, we can help vulnerable older adults in South Florida meet this most basic, essential need."

At the Million Meal Pack, more than 4,906 enthusiastic volunteers worked an assembly line to pack nutritious Jambalaya meals of red lentils, rice, dehydrated vegetables and pink Himalayan salt. Volunteers also were invited to take part in a Community Fair as a thank you for their service. The fair's lively atmosphere featured live music, football activities, performances by the Miami Dolphins Cheerleaders and chances to win prizes. Participants were also able to learn about additional volunteer opportunities to serve their senior neighbors through interactive demonstrations, speakers and take-home materials.

Together, AARP Foundation and the Miami Dolphins have built a volunteer community committed to serving low-income older adults in South Florida. As the presenting sponsor of the Miami Dolphins Special Teams program – the largest volunteer program in the National Football League – AARP Foundation has helped execute numerous service events in South Florida and has positively impacted the region in an effort to help older adults facing challenges with hunger, isolation, income and housing needs through targeted and customized events to address these issues.

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About AARP Foundation

AARP Foundation works to end senior poverty by helping vulnerable older adults build economic opportunity and social connectedness. As AARP's charitable affiliate, we serve AARP members and nonmembers alike. Bolstered by vigorous legal advocacy, we spark bold, innovative solutions that foster resilience, strengthen communities and restore hope.

About the Miami Dolphins

The Miami Dolphins, owned by Chair of the Board & Managing General Partner Stephen M. Ross, play in the AFC Eastern Division of the National Football League. The organization has played in five Super Bowls, winning championships following the 1972 (VII) and 1973 (VIII) seasons. The franchise also has won five conference championships and 13 division championships. It is the oldest continuous major-league professional sports

franchise in the state of Florida. For more information, visit the organization's website at dolphins.com.

For further information: Eden Godbee, AARP Foundation, edodbee@aarp.org (202) 412-3716 or Theresa Garner, Dolphins Communications, tgarner@dolphins.com (904) 838-7160
